

My SHAPE

Spiritual Gifts – List your top 4 Spiritual Gifts.

1. _____
2. _____
3. _____
4. _____

Heart Focus – Right now where God has you, begin to explore what drives you, who you care about, what needs you might meet, cause you might conquer or an ultimate dream for God's kingdom.

Abilities – List your top 5 Abilities.

1. _____
2. _____
3. _____
4. _____
5. _____

Personality – List your top 5 Influential Traits.

1. _____
2. _____
3. _____
4. _____
5. _____

Experiences – List some experiences that God has used to shape you.

Personal Profile

Vision:

Life Balance – List your top three categories from your Life Balance Chart.

1. _____
2. _____
3. _____

Blocks – What prevents you from being your best or achieving your goals?

1. _____
2. _____
3. _____
4. _____
5. _____

Success Factors & Filters

Job:

Life/Family:

Personal:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

S.H.A.P.E

A. Starting Point- Setting a Foundation

- Why are you here?
- How has God uniquely gifted you?
- What areas of life are most important to you?
- Where does God have you now?

2 Tim 1:6 &7 For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands. For God did not give us a spirit of timidity but a spirit of power, of love and of self-discipline.

Notes: _____

Trends vs. Truth

Job:

Likely selected of your desires
Salary, Status, Hot job

Spiritual Significance/Impact:

Never Considered
God is maturing you

Rethink the Formula of Success:

Old: Get job, Stay till retirement, Get golden boot, Retire and play golf till I die

New: Significance in what I am doing, Use my gifts, Work/Life Balance

Question... Was he a Mill Operator or a Poet?

Notes: _____

Truth... God's word tells us we will never be satisfied this side of heaven, we are only ambassadors!

1 Peter 2:11 states we are aliens and representative of Christ.

John 17:16 (Great Jesus perspective) For they are not of this world as I am not of this world.

John 18:36 (Jesus before Pilate)- My kingdom is not of this world. If it were, my servants would fight to prevent my arrest by the Jews. But now my kingdom is from another place.

Matthew 16:26- What good will it be for a man if he gains the whole world, yet forfeits his soul?

Complete Life Balance & Personal Profile & add to My SHAPE form

B. God's Plan for Me- Gifts vs. Responsibilities

Calling

Big "C" Calling- The Great Commandment (Matt 22:37) & The Great Commission (Matt 28:19)
There is no plan B.

Little "C" Calling- Understanding I am His, My SHAPE, My influence
Phillipians 2:12- Continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act according to his good purpose.

Vision

God's vision for you
Definition- Vision is a picture of the future that produces passion and action.

Complete the Vision portion on the Personal Profile form

Proverbs 19:21- Many are the plans in a man's heart, but it is the Lord's purpose that prevails.

Proverbs 16:9 – In his heart a man plans his course, but the Lord determines his steps.

Paul' Story – Paul called himself a great Jew, follower of the law and had purpose, but it wasn't until God got him that he it was a God centered vision, purpose, & action.

Notes: _____

C. Spiritual Gifts

Understanding Spiritual Gifts

- Your gifts are the key to fulfilling the Kingdom Purpose set aside just for you and combined with others in the “church body”. 1 Corinthians 12:7; 1 Corinthians 7:7
- Talents depend on natural power or abilities, Spiritual Gifts are a spiritual endowment revealing the contribution we make to God’s kingdom.
- Only those with a personal relationship with Christ have these gifts.

Discovering your Spiritual Gifts

- Assessments will help to narrow your possible gifts but the best way is to begin serving, using and solidifying them. Note fulfillment or frustration with each as you begin to use or parameters by which you may like one aspect but not another.

Romans 12:6-8; 1 Corinthians 12:28; Ephesians 4:11 and 1 Peter 4:9-10 help us see some various gifts.

Notes: _____

Prayer: Ask God to reveal your gifts, how he wants you to use them, and perhaps what you once thought was a self-guided desire, has been always evident from God.

Misusing & Spiritual Gifts Trap

- Misusing your gift can mean you are inflating the payoff beyond it’s intention even to the point of replacing God.
- Trap #1- Comparison- Don’t compare or down grade your or others gifts because they are not seen as valuable.
- Trap #2- Projection- Expecting ourselves or others to be as good as others that may not have the same gift.
- Trap #3- Rejection- Rejecting a gift because we feel we don’t have a title, such as a banker not exercising a “pastoral” gift because they are not a pastor of a church.
- Trap #4- Deception- Thinking you have a gift that you don’t. Remember approval of men and our own selfish desires to want to be something we are not. Many want to be “leaders” because of what it implies but may not have this gift. Still using these aspects such as with family.

Complete Spiritual Gifts Assessment & add to My SHAPE form

D. Heart

Desires for personal comfort, success and glory displace a passion for God's glory.

- Watch for your own desires, not every heart reflects God's will for you, Romans 7-8 shows us Paul's struggle, "I do what I don't want to do, and the things I don't want to do, I can't do."
- Dream big and make sure your dreams align with God's word and advance his purpose.
- What pursuit would release the passion in my life for God, What God-centered dreams can I identify that have been buried by life, what would attempt to do for God with the rest of my life?
- Connecting with your God-given passions transform your everyday life. Passions make work seem like play and our gifts and passions ignite like spiritual rocket fuel, propelling us to new heights of service when we mix them with your natural talents.
- Be patient and enjoy the process! Ultimate goal is to know God more deeply- Jeremiah 29:11-13: ...then you will come to me and I will listen and you will find me when you seek me with all of your heart.
- Your heart will reveal and drive your motivations which drive your passions.

Notes: _____

Heart Assessment:

What drives you?

What do my dreams and desires drift toward?

What do I really want to do for God?

What motivates me to take action?

What do I crave?

As you contemplate these questions, without putting any parameters around your thoughts or dismiss an idea that may sound silly, begin to brainstorm and note some “First Thoughts” that come to mind.

First Thoughts:

Know who you care about

Who do I feel I can most profoundly influence for God?

What age range do I feel led to minister to?

What affinity group do I feel led to serve?

How could I impact them in a way that maximizes my gifts?

First Thoughts:

Know the needs you will meet

Spiritual Needs- Those who feel led to meet these types of needs long to help people discover Christ and reach their full potential in him. Spiritual gift used: Teaching, wisdom, evangelism, knowledge, prophecy.

Physical Needs- Those who focus on meeting physical needs such as food, clothing, shelter, etc. Spiritual gifts used: Giving, helps, healing, administration, hospitality, pastoring, mercy.

Relational Needs- Those who take an interest in meeting these needs find fulfillment in connecting people, helping them find and build satisfying relationships. Gifts used: Encouragement, wisdom, hospitality, mercy, discernment, pastoring.

Emotional Needs- Those who feel gratified by meeting emotional needs tend to be interested in counseling, encouraging and listening to others so that they can help those in pain. Gifts used: Encouragement, wisdom, mercy, discernment, pastoring.

Educational Needs- Those who enjoy teaching- using a variety of settings, teaching tools, and styles to stimulate growth. Gifts used: Teaching, pastoring, knowledge, prophecy.

Vocational Needs- Those who use meet the needs or use expertise to train, coach, and consult individuals to overcome barriers and reach goals. Gifts used: Wisdom, leadership, teaching, encouragement, discernment.

What are the top two needs I love meeting?

Why do I love meeting these needs?

What lessons have I learned that I could pass on to others?

First Thoughts:

Know the cause you will help conquer

Examples:

Abortion	Abuse/Violence	Alcoholism	At-risk children
Parenting	Compulsive/Behavior	Deafness	Disabilities
Divorce	Drug abuse/recovery	Education	Environment
Ethics	Financial stewarding	Health/fitness	HIV/AIDS
Homelessness	Law/Justice System	Marriage	Family issues
Politics	Poverty/hunger	Sex Ed.	Spiritual apathy

What cause or issue makes my heart race?

Where could I make the greatest impact for God?

If money were not an issue & failure not an option, what would you do?

First Thoughts:

Know your ultimate dream for God's kingdom

What pursuit would release the passion in my life for God?

What God-centered dreams can I identify that have been buried by life?

What would I attempt to do for God with the rest of my life?

First Thoughts:

Complete Heart Assessment & add to My SHAPE form

E. Abilities

Show me a person who doesn't know his talents or hasn't developed them for service to others, and I will show you a person who has little sense of purpose, meaning, motivation and values-
Tom Paterson

- The abilities you do have are a strong indicators of what God wants you to do with life. They are clues to knowing God's will for you...God doesn't waste abilities, he matches our calling and our capabilities. David and Moses as protectors, shepherd and deliverer (Exodus 2:11-25).
- As you contemplate your abilities and strengths, the idea is not to know how qualified you are, but to remind us how exceedingly qualified God is to put into action anything he created. Our strengths and abilities show off his greatness and magnitude.

The great nineteenth-century preacher Andrew Murry made this analogy:

"I have a pen in my pocket that is surrendered to its purpose of writing and must be surrendered to my hand if I am to write with it properly If someone has a partial hold on it, I cannot write with it."

By the same token, if we hold back the natural abilities Good gave us at birth- or if we use those abilities for purposes that don't include God- those talents will not be used to their fullest capacity.

Notes: _____

Abilities:

Place a check by each “ability” that you feel pertains to you.

- Adapting: The ability to adjust, change, alter, modify
- Administration: The ability to govern, run or rule
- Analyzing: The ability to examine, investigate, probe or evaluate
- Building: The ability to construct, make or assemble
- Coaching: The ability to prepare, instruct, train, equip or develop
- Communicating: The ability to share, convey, or impart
- Competing: The ability to contend, win or battle
- Computing: The ability to add, estimate, total or calculate
- Connecting: The ability to link together, involve, or relate
- Consulting: The ability to advise, discuss or confer
- Cooking: The ability to prepare, serve, feed or cater
- Coordinating: The ability to organize match or harmonize
- Counseling: The ability to guide, support, listen or care for
- Decorating: The ability to beautify, enhance, or adorn
- Designing: The ability to draw, create, picture or outline
- Developing: The ability to expand, grow, advance or increase
- Directing: The ability to aim, oversee, manage, supervise
- Editing: The ability to correct, amend, alter, improve
- Encourage: The ability to cheer, inspire, or support
- Engineering: The ability to construct, design and plan
- Facilitating: The ability to help, aid, assist and make possible
- Forecasting: The ability to predict, calculate, see trends, patterns, and themes
- Implementing: The ability to apply, execute, make happen
- Improving: The ability to better, enhance, further, enrich
- Influencing: The ability to affect, sway, shape or change
- Landscaping: The ability to garden, plant and improve
- Leading: The ability to pave the way, direct, excel or win
- Learning: The ability to study, gather, understand, improve or expand self
- Managing: The ability to run, handle or oversee
- Mentoring: The ability to advise, guide or teach
- Motivating: The ability to provoke, induce or prompt
- Negotiating: The ability to discuss, consult or settle
- Operating: The ability to run mechanical or technical things
- Organizing: The ability to simplify, arrange, fix, classify or coordinate
- Performing: The ability to sign, speak, dance, play an instrument or act out
- Pioneering: The ability to bring about something new, groundbreaking or original
- Planning: The ability to arrange, map out or prepare

- ___Promoting: The ability to sell, sponsor, endorse or showcase
- ___Recruiting: The ability to draft, enlist, hire or engage
- ___Repairing: The ability to fix, mend, restore or heal
- ___Researching: The ability to seek, gather, examine, or study
- ___Resourcing: The ability to furnish, provide or deliver
- ___Serving: The ability to help, assist or fulfill
- ___Strategizing: The ability to think ahead, calculate or scheme
- ___Teaching: The ability to explain, demonstrate or tutor
- ___Translating: The ability to interpret, decode, explain, speak
- ___Traveling: The ability to journey, visit or explore
- ___Visualizing: The ability to picture, imagine, envision, dream or conceptualize
- ___Welcoming: The ability to entertain, greet, embrace or make comfortable
- ___Writing: The ability to compose, create or record

List your top 5 abilities below and transfer them to the front My SHAPE page.

What are some ways you can use your top abilities where you serve?

What are some ways you can use your top abilities where you work?

Please hold for class time discussion.

Think of a risk free experiment(s) that incorporates some of your top abilities- you can't fail!

Complete Abilities Assessment & add to My SHAPE form

F. Personality

In his book, *Roaring Lambs*, the late Bob Briner reflects on the times when he, as successful sports executive, would find himself asking, “Why am I here?” As a Christian, he’d been led to believe all his life that person had to be serving in full-time ministry to make a difference. What he discovered was that all believers are called into full-time ministry- but that ministry often is expressed through a career in the marketplace. “What a shame,” Briner wrote, “that so many of us feel sort of in a fog between our faith and our careers. I am convinced that many Christians have not idea about the possibility of being lambs that roar- of being followers of God who know how to fully integrated their commitment to Christ into their daily lives. Maybe that’s why so many areas of modern life are lacking the preserving salt of the Gospel.”

In the book, *Life Keys: Discovering Who You Are, Why You’re Here, What You Do Best*, the authors state:

“...(Our) differences are natural, God-given aspects of personality. Being who you are- the person God intended you to be- is of paramount importance...the differences make life interesting. Can you imagine what the world would be like if everyone were just like you- your gifts and your shortcomings magnified by the billions?”

Notes: _____

Personality:

Winslow Personality Traits (24)

Interpersonal Traits

Sociability	1	2	3	4	5	6	7	8	9	10
Recognition	1	2	3	4	5	6	7	8	9	10
Conscientious	1	2	3	4	5	6	7	8	9	10
Exhibition	1	2	3	4	5	6	7	8	9	10
Trust	1	2	3	4	5	6	7	8	9	10
Nurturance	1	2	3	4	5	6	7	8	9	10

Organizational Traits

Alertness	1	2	3	4	5	6	7	8	9	10
Structure	1	2	3	4	5	6	7	8	9	10
Order	1	2	3	4	5	6	7	8	9	10
Flexibility	1	2	3	4	5	6	7	8	9	10
Creativity	1	2	3	4	5	6	7	8	9	10
Responsibility	1	2	3	4	5	6	7	8	9	10

Dedication Traits

Ambition	1	2	3	4	5	6	7	8	9	10
Endurance	1	2	3	4	5	6	7	8	9	10
Assertiveness	1	2	3	4	5	6	7	8	9	10
Boldness	1	2	3	4	5	6	7	8	9	10
Coachability	1	2	3	4	5	6	7	8	9	10
Leadership	1	2	3	4	5	6	7	8	9	10

Self-Control Traits

Self-Confidence	1	2	3	4	5	6	7	8	9	10
Composure	1	2	3	4	5	6	7	8	9	10
Tough-Minded	1	2	3	4	5	6	7	8	9	10
Autonomy	1	2	3	4	5	6	7	8	9	10
Contentment	1	2	3	4	5	6	7	8	9	10
Control	1	2	3	4	5	6	7	8	9	10

Personality:

List your Influential Traits below; 1-3's or 8-10's.

Low Influential Traits:

High Influential Traits:

Complete Personality Assessment & add to My SHAPE form

Experiences:

Personally, you may have received an award that is especially meaningful to you.

Vocationally, perhaps you have a pattern of achievement when it comes to productivity, sales or leadership.

Relationally, you may enjoy a godly marriage or benefit from a friendship that comforts you in difficult times or challenges you strive for excellence in everything you do.

Educationally, perhaps you have academic degrees or training certificates, or perhaps you are pursuing ongoing development in areas of special interest.

Spiritually, you may have a history of success in sharing your faith or leading Christians to deeper insight about their own faith. Or perhaps your own acceptance of Christ and spiritual growth give you a sense of having attained something beyond measure.

Identify at least three significant achievements in each area.

Personal Achievements:

1. _____
2. _____
3. _____

Vocational Achievements:

1. _____
2. _____
3. _____

Relational Achievements:

1. _____
2. _____
3. _____

Educational Achievements:

1. _____
2. _____
3. _____

Spiritual Achievements:

1. _____
2. _____
3. _____

Review your above listed achievements and begin to brainstorm how God has used you in the past and how you can anticipate him using these achievements for His glory.

Next, think about your last 3-4 jobs and list two or three experiences or skills that you especially enjoyed, even if it wasn't part of your job or if you were compensated for it.

Job #1:

1. _____
2. _____

Job #2:

1. _____
2. _____

Job #3:

1. _____
2. _____

Complete the Blocks, Success Factors & Filters on the Personal Profile form

H. Stories- How God is using His People

- We serve a Creative God
- Creative Businesses
- Creative Ministries

I. Deciding Factors- Processing the Next Steps

Huddle up in pairs

Self-Leadership Handout

Class Evaluation

Notes: _____

Resources

Books:

SHAPE- Erik Rees

Tale of Three Trees

Laugh Again- Chuck Swindall

Strength Finders- Tom Rath

Roaring Lambs- Bob Briner

Gifts I'd Give my Children- Sermon Series by Todd Wager
12/2/07- A God Sized Dream, a Servants Heart & a Warriors Passion-
The Pursuit of a Heroic & Humble Life

Websites:

Go Fish - www.gofishretail.com

Wood Sculptor - jchristopherwhite.com

Fishermen Ministry- fishersofmenministries.com & outdoorconnection.com

Igniter Media: Rob Thomas - www.ignitermedia.com

Brandon Slay- Olympic Gold Wrestler- www.dallasdynamite.org